

Teen Topics Devotional Time

The Issue:

As believers, we have a desire to grow in our knowledge of God and learn more about how we can live for Him. A daily devotional time allows us this chance to hear from God and share what's on our heart with Him every day.

What does the Bible say?

Note what insight these verses give concerning devos:

- > **Mark 1:35** – Jesus Himself set aside time for prayer.
- > **Matt. 6:5-6** – Helpful to find a place to humbly pray in a quiet.
- > **Ps. 5:3; 88:13** – Devotional time is often in the morning.
- > **Ps. 119:11** – Knowing God's Word = key for victory over sin.
- > **Ps. 119:105** – God's Word gives needed direction for life.

What should I do?

The Bible gives us principles and examples of what our devotional time should be like. Think through how to answer these questions concerning how to have a devotional time:

- > **Where?** A place that is quiet and away from distractions
- > **When?** In the morning, or a time of the day you can set aside
- > **How much time?** Enough to be meaningful, yet not unrealistic
- > **What to do?** Share your heart with God and listen to Him
 - **Prayer:** Adoration, thanksgiving, confession, requests
 - **Bible reading:** Read a portion each day. Ask what truth, command, lesson, (etc.) is God teaching you from His Word

Devotional time gives us moments with God that allow our relationship to develop and grow. Just like any relationship, communication with God is important (both speaking and listening)! Devotions do require some discipline and planning, but when they become a habit in our lives, our relationship with God will never be the same!